

LEVEL 2 CERTIFICATE IN COUNSELLING SKILLS



Many people find it helpful to seek the support of counselling at some point in their lives. People in any situation could benefit from counselling, those with the correct understanding, knowledge and skills can provide them with support to improve personal well-being.

COURSE CONTENT

- Describe how core counselling skills can be used in a counselling relationship and in other helping activities
- Describe how counselling theory underpins the use of counselling skills
- Describe how the ethical framework informs own use of counselling skills.
- Describe how to develop skills and qualities in the future
- Understand the different approaches involved in the use of counselling skills
- Appreciate the importance of self-development.

HOW IS THE COURSE DELIVERED?

Alongside the learning materials, learners will have the support of a knowledgeable assessor/tutor who will give them advice and guidance on the course content as well as providing robust feedback on the work they complete. This course is usually delivered over a period of **10 weeks**.

UNITS

- Diversity and Ethics in the Use of Counselling Skills
- Introduction to Counselling Skills Theories
- Counselling Skills and Personal Development
- Using Counselling Skills

ELIGIBILITY CRITERIA

To be considered for this course you must:

- Be aged 19+
- Live in England
- Not currently be on any other funded programme or an apprenticeship
- Have lived in the EU for at least 3 years
- Not have already completed the course
- Live in a non-devolved postcode area (we can check this at the next stage)

For more information:

Call: **0800 101 7101**

Email: **info@keytraining.co.uk**

AVAILABLE FULLY FUNDED

